Offering of Letters Sample

[Date]		
Rep U.S. House of Representatives Washington, DC 20515 Sen U.S. Senate Washington, DC 20510		
Dear Senator	, / Dear Representative	
	ation's most important national food me and abroad. Indeed, the farm bill	system legislation. It is critical to the work of impacts each one of us.
•	o renew our food and farm programs nat builds healthy, equitable, and sust	
Supplemental Nu Incentive Program purchase of fresh households. Eliminate barrier offenders, elimin communities to a didressing the the supplemental Nu Incentive Program purchase of the supplemen	to fresh fruits and vegetables by increst atrition Assistance Program (SNAP) be m (GusNIP). This provides resources on fruits and vegetables, primarily at fa	enefits in the Gus Schumacher Nutrition on top of monthly SNAP benefits for the rmers' markets, for a limited number of ns, including ending the ban on former drug students, and permitting indigenous utrition programs on reservations. st-harvest food recovery efforts and me weather.
•	they live. This is why I urge you to	people experiencing hunger and poverty support a farm bill that builds healthy,
Sincerely,		
[Your name] [Your address]		

Quick Tips for an Effective Letter

- Ask for a specific action, using your own words or this sentence:
 - I urge you to support a farm bill that builds healthy, equitable, and sustainable food systems.
- 2. Give reasons for your request and make it personal.
 - Share a personal reason or story that motivated you to write.
 - Show own organization's commitment: "My church is helping by (example) but I also urge you to protect the Supplemental Nutrition Assistance Program (SNAP) from cuts."
- 3. Write your name and address at the end of your letter and on the envelope, so your members of Congress know you are one of their constituents.
- 4. For more impact, consider scheduling a meeting at your members office (or online) and personally deliver the letters with a delegation from your congregation/organization. You can contact your regional organizer for support.
- 5. Send your letters to your member's local office or DC offices, and please don't mail them to Bread for the World. If you're mailing your letter, put each letter in a separate envelope and address it. To send a personalized email, go to bread.org/farmbill.
 - Find addresses here: https://www.house.gov/representatives/findyour-representative https://www.senate.gov/senators/senatorscontact.htm
- 6. For the OL group leader: Be sure to report your letter and results at the bottom of the OL home page or click here.